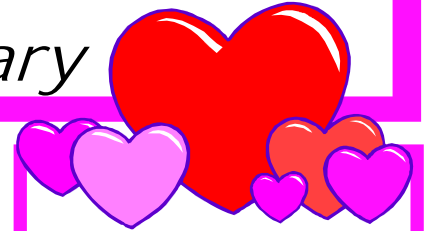




February 2010

Baylor/Woodson and Meek Elementary



Monday	Tuesday	Wednesday	Thursday	Friday
Pop Tarts Juice & Milk 1 Spaghetti & Meat Sauce Breadstick Tossed Salad Diced Pears Milk Selection	French Toast Sticks & Syrup Juice & Milk 2 Meatball Sub Corn on the Cob Pineapple Tidbits Milk Selection	Cereal & Yogurt Cup Juice & Milk 3 Turkey & Gravy over Rice Dinner Roll Green Beans Fresh Fruit Milk Selection	Granola Bar and String Cheese Applesauce Cup & Milk 4 Hamburger on Bun Potato Salad Pickle Chips Applesauce Milk Selection	UBR (Ultimate Breakfast Round) Juice & Milk 5 Chicken Nuggets Cheesit Scrabble Cracker French Fries Mixed Fruit Milk Selection
Pancake Wrap Juice & Milk 8 BBQ Riblette on Bun Broccoli & Cheese Sauce Mandarin Oranges Milk Selection	Apple Stix Juice & Milk 9 Soft Shell Taco Salsa & Lettuce & Cheese Green Beans Diced Peaches Milk Selection	Cereal & Mini Muffin Juice & Milk 10 Pepperoni Pizza Seasoned Corn Fresh Fruit Milk Selection COUNT DAY ☺	Mini Bagel /Jelly Yogurt Cup 11 Juice & Milk Chicken Rings Hot Pretzel Mixed Vegetables Applesauce Milk Selection	12 No School for Students Professional Development Day
15 Winter Break	16 Winter Break	17 Winter Break	18 Winter Break	19 Winter Break
Breakfast Pizza Juice & Milk 22 Chicken Patty on Bun Corn Diced Peaches Milk Selection	NutriGrain Bar and String cheese Juice & Milk 23 Chili & Beans Tortilla Pieces Tossed Salad Pineapple Tidbits Milk Selection	Bagel & Cream Cheese Juice & Milk 24 New: Breakfast for Lunch Pancakes and Syrup Sausage Links Hash Brown Patty Applesauce Milk Selection	UBR(UltimateBreakfast Round) Juice & Milk 25 Hotdog on Bun Baked Beans Mixed Fruit Milk Selection	Cereal & Mini Muffin Juice & Milk 26 New – Kool Kids: Hard Cooked Egg, Gogurt, Carrot Sticks, Ranch Dr, Crackers, Fortune Cookie Apple Slices Milk Selection

News

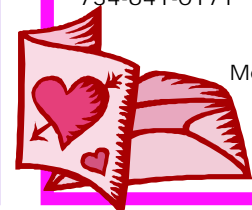
Since 1963, Congress and the United States President have proclaimed February as American Heart Month!

Regular exercise can help your heart function better and reduce your risk of heart problems in the future.

Learning to have healthy eating and exercise habits early on can help avoid a lifetime of chronic disease and disability.

Remember – you are what you eat.

Food Service Office
734-641-0171



Menu subject to Change.